

August 13, 2013

DEAR FEDERAL COMMUNICATION COMMISSION:

I understand that you are examining your current limits for radio frequency radiation to determine whether regulations should be more restrictive, less restrictive, or remain the same.

**My emphatic endorsement is to make regulations far, far, far more restrictive.**

Why? Because my health, your health, our children's health and their children's health is at stake.

This time, right now, is a critical juncture for all Americans and for people around the globe and for the plants and animals we depend upon for sustaining our lives.

**Please use compassionate reason. Please lower the limits of radio frequency radiation.**

There are innumerable sources showing that we must radically curtail the many sources of pollution on Earth—and **electromagnetic pollution, including wireless, is possibly the most grave of all pollution.**

I learned this through experience. **In 2009, I was diagnosed with a condition I had not heard of before: electrical hypersensitivity (EHS).** I felt extremely uncomfortable around electrical/radiation sources, including cell phones, wifi fields, computers, halogen lights, refrigerators, fans and much more. I had to take a leave of absence from my computer job, even after purchasing five new computers, hoping to find one that I was not sensitive to so that I could continue working.

In trying to get well, I found a plethora of information about electrical pollution and related health issues. I learned that electrical hypersensitivity has been known to the *World Health Organization* for a number of years, and that some countries, like Sweden, provide assistance to EHS citizens.

**Getting my health back cost me roughly \$25,000.** It took several years. Some issues are still not resolved because it is impossible in a U.S. city to not be exposed to radio frequency radiation and electrical pollution. In fact, most people with electrical hypersensitivity do not get well. They can't limit exposure to wireless sources, and they don't have access to medical treatment and they don't have deep pockets. Living with electrical sensitivity leads to depression and a sense of powerlessness.

So this is why I write to you. **Electrical hypersensitivity is just one of many, many impacts of radio frequency radiation and electrical pollution.** I hope that you and Members of Congress will be able to learn more about it.

- I highly recommend this website: <http://www.electricsense.com>
- Insights on FCC Safety Limits for Electric Fields, Magnetic Fields & RF Radiation: <http://www.electricsense.com/5029/fcc-safety-limits-for-electric-fields-magnetic-fields-rf-radiation/>

Thank you for reading my letter and for considering the many benefits—the imperatives, I feel—of taking courageous and urgently-needed action to reduce radio frequency radiation.

Sincerely,

Linda Bruce  
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**EMF SUPPORT AND INFORMATION WEBSITES** (from Lloyd Burrell's [ElecricSense](#) website)

- [Abracecel: Brazil](#) : support group in Brazil on EMFs
- [Alliance for Irish Radiation Protection](#) : Radiation protection group in Ireland
- [Antenas Agui NAO](#) : Portuguese EMF support group
- [Ban the Tower](#) : New Zealand based group protesting about cell phone towers
- [Bioinitiative Report](#) : A body dedicated to providing a rationale for a biologically-based Public Exposure Standard for electromagnetic fields
- [Clean Energy Foundation Canada](#) : Canada based activist group
- [CFL Impact](#) : An information site on compact fluorescent light bulbs
- [Citizens Against Un-Safe Emissions](#) : Canada based cell tower protest group C.A.U.S.E.
- [Citizens for Safe Technology Canada](#) : Canadian based non profit making group to raise awareness on electropollution
- [Dr Devra Davies](#) : American researcher's website on EMFs
- [EHS-Action](#) : Website in French by electrically-sensitive person with information on EMF dangers and solutions
- [Electrosensitivity UK](#) : UK support group for people who are electrosensitive
- [Electro-sensitivesupportgroup](#) : Esser support group in the UK for electrosensitives
- [EMFacts Consultancy](#) : News information service on electromagnetic field dangers based in Australia
- [EMFhelp](#) : Australian website on EMF detection, prevention and remediation.
- [Emf.pt](#) : News and information in Portugese on electromagnetic radiation and health.
- [EMF Services](#) : EMF site assessment surveys, field reduction services, and building design consultation based in California and Florida.
- [Emf Safe](#) : Australian EMF radiation safety website.
- [EM Radiation Reasearch Trust UK](#) : presents research on electromagnetic radiation
- [Folkets-stralevern.no](#) : The People's Radiation Protection of Norway is an independent organization that passes on knowledge and facts about dangerous radiation in Norwegian.
- [Low EMF Office](#) : based in Italy proposes solutions for low electromagnetic emissions office equipment
- [Magda Havas](#) : Research to inform the public about the hazards of modern electrical technology
- [Mast Sanity](#) : A national organization opposing the insensitive siting of mobile phone and Tetra masts in the UK

- [Microwave News](#) : one of the most authoritative and highly regarded websites on the health and environmental impacts of electromagnetic fields.
- [Norad4u.com](#) a website based in Israel created by someone who is electrically sensitive.
- [Stopsmartmeters.wordpress.com](#) : a US based action group providing activism consultation and advice to people concerned about smart meters
- [Stopumts](#) : a Dutch website which talks about the dangers of wireless technology
- [Stralingsarmvlaanderen](#) : a Belgian website in Dutch to bring awareness about the dangers of electrosmog
- [Next-Up.org](#) : A French group which brings awareness on the EMF issue
- [Weep Initiative](#) : A body set up to inform the Canadian public about the potential environmental effects associated with different forms of electric and electromagnetic pollution